

## NUTRITIONAL SUPPLEMENTS FOR AGED PETS

### Abstract

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Disclosed herein are compositions to meet the needs of aged pets and other animals. Pet foods, pet treats and pet supplements with anti-aging effects are disclosed whose compositions include the R- $\alpha$ -lipoic acid in the amount of .10 grams to 1.5 grams and L-carnitine in the amount of 0.10 grams to 3 grams in addition to the usual composition. Optionally, coenzyme Q  
10 can be added in an amount of at least 1 mg/day. Optionally, creatine can be added in an amount of at least 0.2 grams/day. These additional components fight age-related declines in mitochondrial function, which result in less energy and other signs of aging.